

# Tamarack Valley Energy Ltd. Announces Board Change

April 10, 2014 (Source: Marketwired) – Tamarack Valley Energy Ltd. (“Tamarack” or the “Company”) (TSX VENTURE:TVE) board of directors and management team would like to thank Mr. Sheldon Steeves for his contributions to the Company, as he has resigned from the Board to pursue other business interests. Mr. Steeves has been on the Board of Tamarack since the acquisition of Echoex Ltd. on April 18, 2012.

About Tamarack Valley Energy Ltd.

Tamarack is an oil and gas exploration and production company committed to long-term growth and the increased identification, evaluation and operation of resource plays in the Western Canadian sedimentary basin. Tamarack’s strategic direction is focused on two key principles – ensuring resource plays provide long-life reserves, and using a rigorous, proven modeling process to carefully manage risk and identify opportunities. The Company recently expanded its inventory of low-risk development oil locations in the Redwater Viking play through the acquisition of Sure Energy Inc. Continuing to build on its sustainable growth platform, Tamarack also increased its low-risk development locations within the Cardium fairway through a farm-in agreement with an industry major. These endeavors add to Tamarack’s strong resource portfolio, including Cardium properties at Lochend, Garrington and Buck Lake and heavy oil properties in Saskatchewan. With a balanced portfolio, and an experienced and committed management team, Tamarack intends to continue to deliver on its promise to increase its production and maximize shareholder return.

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